

Graduation-System

During the last couple of years, Frota-Team continuously grew. More and more students constantly train at the Performance Academy and at the Berufsschule-Dojo in Zurich and our other schools in Berne, Horgen, Liestal and Zumikon enjoy great popularity too. To assure each and every student the feedback he needs to progress, and to simplify the graduation process and make it more transparent, Frota-Team will introduce a new graduation-system.



Graduations will take place twice a year, in summer and winter. Athletic progress and performances will be honored with belts, stripes and diplomas. Each graduate has to pay a small fee.

With the introduction of the new system, each student will have an account on www.frota-team.ch. One month before graduation, each member of Frota-Team will receive a graduation statement on his account for which there are three possibilities:

1. The student will not graduate.
2. The student will certainly graduate to rank XY (belt or stripes).
3. The student will graduate to rank XY (belt or stripes) if he perceivably improves in certain points. These points usually consist of techniques in certain positions (such as Guard Passes, Sweeps, etc.) but may very well be about dojo-etiquette and behavior on the mats.

During the following four weeks until graduation-day, instructors will have a close look on these details, evaluate improvement and will finally make a suggestion about graduation.

FAQ Graduation

I will not get graduated, should I still attend graduation?

Yes, each and every student should attend graduation. It is an important event for the Academy; a chance to honor the hard work, improvement and achievements of individual members and Frota-Team itself and therefore strengthens team spirit.

I will not get graduated, does that mean I did not improve at all?

There are several reasons for students to not get graduated. The most important one certainly is not showing enough progress.

At the same time, it is important to understand, that Frota-Team aspires to create a high level amongst students of each rank. Especially athletes with competition-ambitions will therefore be graduated rather slowly.

I will not get graduated, can I ask instructors about the reasons?

No, in no way students should ask why they have not been graduated. This is an explicit reason for exclusion. Graduation of students is at the discretion of the instructors and students have to trust their knowledge and judgement.

I can not attend graduation, what do I need to do?

Students who can not attend graduation have to inform their instructor about their reasons.

I can not attend graduation, will I get graduated at another point or will I have to wait for half a year?

This question can not be answered generally; each and every case has to be discussed. Contact your trainer in this regard.

I am not satisfied with the rank I will receive, can I skip this graduation so I make a bigger “jump” next time?

No, if a graduation is purposely skipped, the student will receive the same rank at the following graduation.

I do not feel ready for the next rank, can I therefore refuse my graduation?
 No, graduation is at the discretion of the instructors and students have to trust their knowledge and judgement.

For the Academy it is important, that each student is ranked according to his skill-level. This is not only crucial to keep trainings fair and transparent, but also because in BJJ there are different rules for each rank.

Why do I have to pay for my graduation?

Graduation goes along with lots of extra effort. Trainers need to closely watch students, review and discuss progress, give feedback and judge possible improvement. In addition, the team needs to spend money on belts and production of diplomas.

IBJJF GRADUATION SYSTEM

MINIMUM AGE REQUIREMENTS AND HIERARCHY

CONFIGURATION OF DEGREES AND DIMENSIONS

HOW TO CALCULATE THE AGE OF THE ATHLETE:
 CURRENT YEAR - BIRTH YEAR = AGE OF THE ATHLETE

OBSERVATIONS:
 The minimum periods shall be counted from the day of acquisition of the athlete in the IBJJF system in each belt category.
 The time it takes for the athlete to graduate from white belt to black belt up to the athlete's professor. However, the IBJJF requires a mandatory minimum amount of time the athlete must spend at each belt level.
 After a black belt graduation the practitioner must meet the mandatory minimum time requirements to each degree and be promoted to red and black belt, red and white belt, and red belt.

MINIMUM WAIT PERIOD

PRACTITIONERS BETWEEN 16 AND 17 YEARS OLD

PURPLE BELT

BROWN BELT

PRACTITIONERS FROM 18 YEARS OLD – WHITE BELT TO BROWN BELT*

BLUE BELT

PURPLE BELT

BROWN BELT

BLACK BELT

PRACTITIONERS FROM THE BLACK BELT

BLACK BELT

RED / BLACK BELT

RED / WHITE BELT

RED BELT

*The periods mentioned are not fixed, they are the minimum time required in each belt. The professor determine how long each practitioner should remain in each belt.

WWW.IBJJF.ORG